

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
6.15am 60 min		BOXING PAD CLASS		BOXING PAD CLASS		
6.30am 60 min						BOX-FIT WOMEN'S
7.30am 60 min						BOXING PAD CLASS
8.30am 60 min						
6.15pm 60 min		COMPETITION CLASS	COMPETITION CLASS	COMPETITION CLASS		
6.15pm 60 min	HUSTLE	BOXING PAD CLASS	BOXING PAD CLASS	BOXING PAD CLASS		